

Become a volunteer

Make a difference in your community and to young people with a disability or SEN by donating a few hours of your time. We are always looking for enthusiastic people aged 21 plus to join our team.

Our volunteers support and encourage our young people by taking a full and active part in the activities. This could be by helping a young person to play a sport, assist with cooking or an art and craft activity or by accompanying them on a trip to the cinema or going on a trip etc. The main aim is to be a friend for the day and to make sure our young people are happy and safe.



We can also offer you:

- Work experiences
- References
- Free training
- Job satisfaction
- Opportunities to make new friends

In addition to the above we will pay for you to take part in activities and cover your out of pocket expenses, including travel. All we ask for is your time.

For more information

If you would like to know more about joining Hampshire Youth Project please get in touch. We look forward to hearing from you!

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Email **hampshireyp@enableability.org.uk**

Visit **www.enableability.org.uk**

You can also find us on social media:



The Hampshire Youth Project always appreciates fundraising carried out on our behalf and any donations.



Charity Registration: 276422
Company No: 1405937

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Activities for young people (aged 13 to 25 years) with physical disabilities, mild to moderate learning difficulties or a special educational need, to socialise and make friends in South-East Hampshire. No matter what your ability there is an activity to suit you!

Visit us online
www.enableability.org.uk



What do we do at Hampshire Youth Project?

We offer a varied programme of inclusive group activities in leisure and recreation, including supported volunteering and work experience, to young people with disabilities or special educational needs (SEN).

Our activities are designed to allow young people to interact and socialise with their peers on a regular basis. A focus is on improving life skills for all young people; including building confidence, independence, friendships and developing socialisation, communication skills, and preparing for employment.

Attending our sessions

We can support young people aged 13 to 25 years, with physical and/or mild-moderate learning difficulties or special education needs (SEN) in the South-East Hampshire region; including Emsworth, Havant, Hayling Island, Waterlooville, Fareham, Gosport and surrounding districts. Each member is supported in their own way, dependent on their specific disability and needs, to fully access and benefit from the session. An initial home-visit will need to take place to assess suitability.

About our staff

All our staff are enthusiastic, friendly, and trained to support young people, and all will have an enhanced Disclosure and Barring Service check.

Activities

Some examples of our activities include going bowling, playing pool, visiting the cinema, and enjoying meals out. We do regular cooking sessions, with baking being a huge favourite, and we really love our drama. Some of our longer day trips in the past have included a visit to the London Dungeons, to the London Science Museum, as well as a summer visit to Thorpe Park.

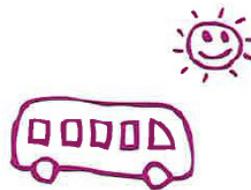
We love our young people to get involved in planning and are always very happy to receive any input from our attendees in making our programme the best it can be.

When and where

Activities take place throughout the year on a weekly basis, usually on Saturdays, but with the occasional Sunday.

There is no obligation to attend all activities; parents and carers are free to register their son or daughter for as many sessions as they please. Times vary dependent on the activity.

A minibus service is also provided to accommodate for long distance trips when we leave the south of Hampshire.



www.enableability.org.uk

Hampshire Youth Project Enterprises (HYPE) offers a variety of supported volunteering and work experience activities designed to increase each young person's employability skills. We also offer workshops on CV and interview skills working in partnership with local Job Centres Plus.

