

## About our staff

All staff are friendly, enthusiastic, well trained and qualified to support young people with disabilities and all have an enhanced Disclosure and Barring Service check (DBS).



“ I love the whole experience it has been amazing, the staff all helped me with everything. ”

“ Overall the whole Youth Scheme was brilliant and making new friends was a great and fun experience. Doing activities passed the time instead of being at home on my x-box all day. ”

## For more information

If you would like to know more about joining Portsmouth Youth Project please get in touch. We look forward to hearing from you!

**Portsmouth Youth Project**  
**Enable Ability**  
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Visit [www.enableability.org.uk/pyp](http://www.enableability.org.uk/pyp)

You can also find us on social media:

 [@portsyouthproject](https://www.facebook.com/portsyouthproject)

 [/YouthPortsmouth](https://twitter.com/YouthPortsmouth)

 [/portsmouthyouthproject](https://www.instagram.com/portsmouthyouthproject)

The Portsmouth Youth Project always appreciates fundraising carried out on our behalf and any donations and funding from granting bodies.



Charity Registration: 276422  
Company No: 1405937

**enable** | **Portsmouth**  
**ability** | **Youth Project**

Activities for young people who are aged 18 to 25 years with physical disabilities, mild to moderate learning difficulties or a special educational need, to socialise and make friends in Portsmouth.

Visit us online

[www.enableability.org.uk](http://www.enableability.org.uk)





## What do we do at Portsmouth Youth Project?

Portsmouth Youth Project is run for young people aged between 18-25 years, living in Portsmouth with a mild to moderate learning or physical disability, or special educational need.

Our activities are designed to allow young people to interact and socialise with their peers on a regular basis. A focus is on improving life skills for all young people; including building confidence, independence, friendships and developing socialisation, communication skills, and preparing for employment.



## Attending our sessions

We can support young people aged 18 to 25 years, with physical and/or mild-moderate learning difficulties or special education needs (SEN) Portsmouth. Each member is supported in their own way, dependent on their specific disability and needs, to fully access and benefit from the session. An initial home-visit will need to take place to assess suitability.

## Activities



Portsmouth Youth Project is run for young people aged between 18-25 years, living in Portsmouth with a mild to moderate learning or physical disability, or special educational need. The Project aims to provide young people with the opportunity to engage in a variety of planned recreational, social, leisure activities as well as volunteering opportunities as part of a group setting. This enables young people to interact and socialise with other peers and members of the wider community on a regular basis. Activities are designed to improve pivotal life skills for all young people; including building their confidence & self-esteem, independence, communications, multi-tasking skills and developing a work ethic for them to take with them into the world of employment.

## When and where

Activities take place throughout the year on a weekly basis, usually on Saturdays, but with the occasional Sunday. There is no obligation to attend all activities; parents and carers are free to register their son or daughter for as many sessions as they please. Times vary dependent on the activity. A minibus service is also provided to accommodate for long-distance trips when we leave the south of Hampshire.

[www.enableability.org.uk](http://www.enableability.org.uk)

Portsmouth Youth Project Enterprises (PYPE) allows our young people at Portsmouth Youth Project the opportunity to take part in a range of volunteering and work experience activities. They will be pushed out of their comfort zone and put into real world situations working in a range of jobs, speaking to the public, bag packing, helping in care homes and even at big events such as Victorious where each year our young people work alongside Game Over where they help run their business. Even if they do get their hands dirty and have to pick up litter.

