



working with disabled people



Annual Report

2018-19

Chairman's Introduction

Welcome to Enable Ability's Annual Report, and thank you for taking the time to read it. As always the report describes the charities activities, development and performance for the past year and our plans for the year ahead.

This has been an exciting and productive year for the charity. We have seen significant growth in service delivery and laid the foundations for further development. In particular, we have responded to meeting the needs of children with very high needs through expanding our befriending service and reprioritising children supported at our play schemes. Much work has been done to put the building blocks in place to run a social enterprise for young adults with mild to moderate needs wishing to enter employment. In addition, the charity has achieved one of its key aims in establishing a service hub through our newly formed partnership with the diocese, enabling services at Landport Community Centre to come on stream. All of these developments assist with our aims set out in the charity's strategic plan.

The play schemes continue to be our most popular and sought after service. The children have fun, their carers receive much needed respite. Demand has been such that we have developed a further holiday scheme for children with moderate needs to ensure that our response is appropriate to them. We hope to continue this service at the Landport site next summer. Notwithstanding this additional provision, the play scheme continues to be over subscribed and we will look at how the resource can be utilised to support as many children as possible.

I'm delighted to say that our bid to the Lottery has been successful, enabling the social enterprise to continue for the next 3 years. The bid was brought together by managers, trustees and partners in a huge collaborative effort, and my thanks to all those who have been involved. This development aims to support up to 24 young people each year to gain employability skills. We are working with a range of partners to give our young people opportunities to build a repertoire of skills, and are looking for more of these partnerships to broaden the offer.

Significant work has been undertaken to build our partnership with the trustees of the Landport Community Centre, and the charity has now taken over operational responsibility. This is an exciting development for Enable Ability, provides a service hub for some of our services, but importantly a base from which we can develop others, including services for pre school children with disabilities. The centre will, of course, provide support to the local community, meeting a range of social and educational needs

The charity's finances are in good order and are thoroughly externally audited. Our thanks as always go to Joe Harbour, the Charity's Honorary Treasurer, who steers our finances with diligence and expertise.

It is with such sadness to report that our fellow trustee and friend Ken Bowen lost his battle with cancer earlier this year. Ken contributed so much to the charity, as a former Chair of Trustees, our safeguarding lead, and above all his knowledge and quiet authority. He will be greatly missed. We will dedicate a room at Landport to Ken's memory as a measure of the esteem which we all held for him.

We have welcomed Alison Bowie to our trustee group. Alison is a parent carer and brings an important perspective to the work of the charity, as well as being a stalwart fund raiser over many years. Trustees have now adopted governance principles set out by the Charity Commission to ensure their responsibilities are delivered effectively.

With such a busy year, I want to pay particular tribute to the Charity's senior management team for their hard work and commitment on behalf of Enable Ability; to Richard, Julie and Mary, a huge thank you.

We have invested in the development of our website to ensure that it is easily accessible, describes our services and how to access them and provides timely information about the charity. Our thanks to Bill John, our trustee marketing lead for his creativity, leadership and drive on this project

We are grateful to many local and national organisations who have supported us this year with grants and awards. We look forward to their continued help. Fundraising has also brought significant funds to the charity and we are grateful as always to our fundraising committee and sponsors who's efforts make such a difference. I would like to thank and celebrate the huge effort made by Harley Salter and his mum Vanessa for not only raising significant funds for Enable Ability through his 10 feat challenge, but showing that disability is no barrier to what can be achieved. Well done Harley!

And finally, on behalf of all those who benefit from Enable Ability's support, a huge thank you to our staff, volunteers and funders

Jon Muller
Chair of Trustees



Manager's Report

I am delighted to be able to once again report on a progressive year of growth and development for Enable Ability and I would like to highlight the starting of a new Portsmouth Youth Scheme, the taking over of all services formerly run by Portsmouth Autism Support Network (PASN) and an almost perfectly balanced income & expenditure profile for the year as key accomplishments for us as a charity.

During the last financial year Enable Ability's ongoing determination to meet the needs of the local community was characterised by the further growth and development of its existing services whilst striving to establish a new social enterprise for individuals wishing to gain vital employability skills. As a part of a re-configuration of services the activities that were being provided by the Sports Club (which had been running for more than 6 years) were absorbed into the newly re-named Junior Club and the autism support provision that we took over from PASN.

During August 2018 the charity's adult befriending service was subject to a Care Quality Commission (CQC) inspection. Rated 'Good' overall (and for all of the 5 categories), the summary report spoke very positively about the service provided and clearly stated that the provision was very responsive to people's individual needs, supported them to achieve identified goals and enabled people to have a presence in their local community. The closing statement read as follows: 'the provider was focused on the integration and promotion of opportunities for people with a disability in Portsmouth' – and this, I think, encapsulates the ethos that all of our services strive to achieve.

In February 2019 we were subject to our 3-yearly 'Investors in People' (IIP) assessment. Their summary stated that: 'Enable Ability was found to have a culture which promotes excellent practice in care, welfare and advancement of disabled people. There are high levels of teamwork and autonomy, and a positive culture where people can truly benefit from being a part of the community and fulfil their potential. There is a welcoming atmosphere and family-feel that people engage with'. Their assessment further demonstrated the organisation to be performing at a higher level than the national average for the Social Work and Charities sector in every indicator and rated it sixth equal out of 79 IIP organisations within the sector.

In the increasingly busy environment within which the charity operates, whilst continually endeavouring to embrace the necessary changes to more fully meet the local need, it is very encouraging to receive such positive reports from these in-depth assessments undertaken by external and regulatory bodies. Although they only offer a snapshot at the particular time when they were conducted, they are none-the-less indicative of our overall performance and recognise the progress being made.

In September 2018 Mary Ive, our 16+ & Adult Services Deputy Manager, was commissioned to undertake a feasibility study to determine the most effective way in which the charity could set up a Social Enterprise. Following an intensive period of meetings, visits and discussions the proposed way forward has resulted in Enable Ability entering into partnership arrangements with 'Landport Community Centre Association' and 'Game Over' to both take over the running of Landport Community Centre and set up a social enterprise that is based within the building. This represents a very significant undertaking that will support our clients whilst serving the wider local community.

January 2019 saw the development and launch of a fresh state-of-the-art website, designed to provide information about our services in a much clearer and more user-friendly way. This was followed up with a structured and financially resourced marketing campaign, an immediate outcome of which was to receive sponsorship from 'My VIP Card' and 'Southern Solutions' as the chosen charity for a very successful quarterly LinkedIn Local event. This, together with an increased level of engagement with a growing number of local organisations that wish to partner with us (including Hayling Golf Club, Panero Lounge, South of England Jujitsu Kai, Starbucks and the Co-op) has greatly helped the charity to build support for its fund raising activities and regular events throughout the year. With further opportunities arising with a number of potential partners since that time we are very optimistic about the future support that we will receive.

Ultimately I must express gratitude for the amazing support that the charity receives from its staff, volunteers, trustees and partnership organisations. Special mention must go to Bill John for his enthusiastic commitment to website development and a marketing campaign that has made significant in-roads into breaking the charity's former status as 'Portsmouth's best kept secret!'. Additionally I would like to particularly mention Joe Harbour for so effectively managing the finances, as well as Drew Ramsay and Jon Muller for their input and support with the development of the charity (and especially the social enterprise).

Richard Soutar
Enable Ability Manager



Core activities

2018-19

Specialist Playscheme

The demand for places at our flagship Playscheme for children with severe disabilities increased considerably for all school holiday periods and, despite financial constraints, we did increase our level of service provision to accommodate this as effectively as we could. The summer Playscheme was this year based at the Mary Rose Academy and allowed 139 children the chance to participate in a total of 1110 days of activities designed to support and stimulate. Many of the days included themes such as 'All At Sea', whilst other days saw external providers at the centre including Boogie Mites and Reptile Discovery. The summer period ended with a wonderful Festival Day when the children danced to live music. We employed 115 staff to provide this popular service which continues to receive positive feedback from service user families.

Saturday Club

The objective of Saturday Club is to provide stimulating activities for children with high-dependency needs in term-time. As a direct result of funding from Children in Need and other grant bodies we were able to offer spaces to 88 children by employing 65 staff to support them. The service, which is run at Redwood Park Academy, ran themes during the year including the Royal Wedding, Father's Day, the Football World Cup (where they ran their own version), Halloween, fireworks, Diwali and Burn's Night. The popular Christmas event was again supported by the Lord Mayor of Portsmouth and Santa Claus, in the guise of our very own trustee Ken Bowen (see below), who brought delight to the children when



Inclusive Playscheme

Children with moderate levels of disability were supported to join in more mainstream holiday play-schemes as a result of the staffing that we put in place for them. There were six different settings this year that could be accessed and 41 children attended with a total of 2560 hours which saw 12 staff being employed. This was a reduction on previous years due to a smaller number of settings that now offer play-scheme places in Portsmouth. Despite the very significant reduction in income available for supporting this project, the decrease in numbers of allocated places was relatively modest.

Adult & Child Befriending

Child Befriending continues to grow and gave 13,355 hours of support (up from 8,488 in 2018) mainly on a one-to-one basis to children with very high needs during the year. 73 staff were employed to deliver the service to 61 young people (50 in 2018). Physical activities included walking, swimming, badminton and sports clubs whilst there were outings to Play Zone and Crazy Kaves, plus activities including theatre, horse riding, baking and dance.

Adult Befriending is equally as popular in giving one-to-one companionship, support and encouragement to those who are socially or physically isolated through disability. In the age range of 18-25 years we gave 2,609 hours of support to 15 clients employing 13 staff. Over the age of 25 we gave 3,036 hours (only 2,051 in 2018) to 22 clients using 18 staff.



Junior Club

Formerly known as 'PALS' this successful scheme has enjoyed a busy and successful year. The age range was changed to 5-12 years in order to better interlock with the other teenage schemes we offer and now, due to funding changes, only supports young people in receipt of a Hampshire Gateway Card. Working in cooperation with Staunton Country Park, twenty-two service users achieved their John Muir Outdoor awards, with two of them achieving the advanced level. Our Art Award sessions have given our young people lots of opportunities to express themselves through art and performance. These sessions have been very successful with thirty young people achieving their Discover Art award.

Autism Support

After receiving funding from the local authority to jointly deliver services with Portsmouth Autism Support Network (PASN), their trustees approached us in late 2018 to say they could no longer deliver their services and had decided to close the charity. As a result of this we agreed that we would take over the running of all of their services by the end of the financial year. We have employed a service leader and have continued to deliver the Young Adults Club, Youth Hub, Gym Club and Football Club with growing numbers of service users in attendance. Over the coming year we will look at how best to integrate the various different services in line with our other offerings.

Advocacy

The Advocacy service continues to provide support for many clients that are finding it difficult to get the benefits that they are entitled to, despite having no direct funding for the service. Whilst benefit claims are the primary area of focus we also support clients through many other courses of the support services provided by government and local authorities including housing, healthcare and education. In the last year we received over 300 phone calls which resulted in 134 cases of which 18 went to tribunal.

Teenage and Youth Projects

We provide three discrete services for young people with disabilities in both Portsmouth and South East Hampshire.

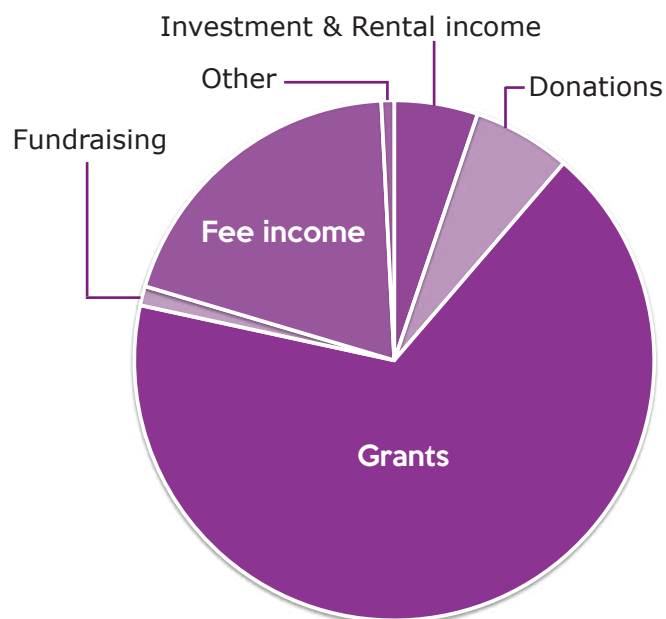
The **Hampshire Youth Project**, started in 2016, provides a supportive environment for over 40 young people aged 16-25 years living in SE Hampshire. This includes the area from the River Hamble, over to Emsworth and north to Petersfield. The project has vastly improved the confidence and independence of the young people who attend through a variety of work experience and volunteering opportunities. The project uses external partners to provide further skills development opportunities such as DJ and songwriting with the Urban Vocal Group and Fort Radio, whilst the Wickham Morris provided a masterclass in Morris Dancing skills.

The **Portsmouth Youth Project** has now over 40 young people registered and provides similar activities to HYP but for those living within Portsmouth. One of the scheme's greatest strengths is how it has allowed participants to develop friendships within the group that now allows them to meet socially outside of the project due to their personal confidence. The scheme offers a wide variety of opportunities for meeting such as bowling, cinema and trips away to amusement parks. Feedback from parents has been extremely complimentary saying that their young adults have grown in social skills and self-esteem whilst on the project.

Portsmouth Teenage Project is for young people aged 13-17 in Portsmouth with activities designed to allow young people to interact with their peers on a regular basis. A focus is on improving life skills for all young people; including building confidence and independence, friendships and developing communication skills. We also provide a holiday scheme which runs 10am-4pm daily at the Charles Dickens Activity Centre. During 2018 we had 35 participants at the weekly events, usually on a Friday evening, and 19 at the holiday scheme, together giving over 2,500 hours of service.

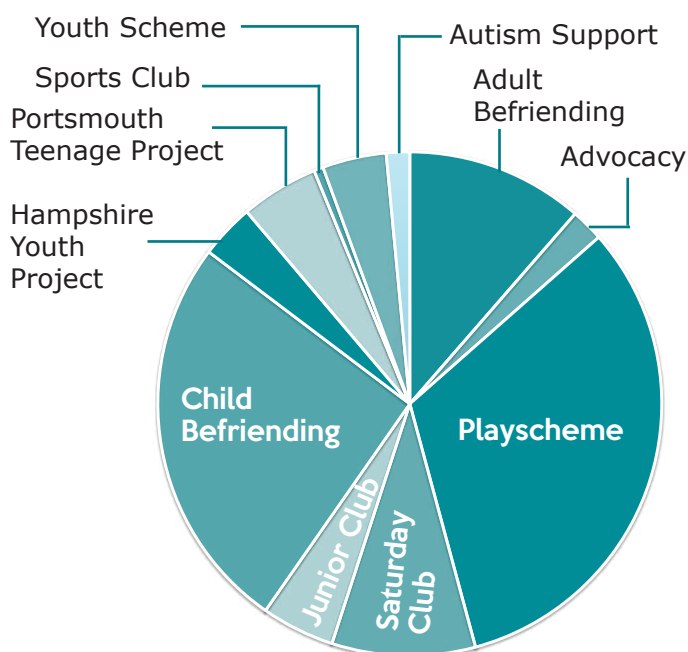


Breakdown of where our income has come from



Note: Our reserves policy is to hold 3 months expenditure (this being total expenditure less playscheme expenditure) therefore £160000 is held.

Analysis of funds spent on our projects



Note: our support costs (less external income from rent, investment and other external income) over the past year were only 11% of our overall expenditure. Thus a donation of £100 to Enable Ability with Gift Aiding, would mean £114 is spent directly on services for disabled people of the Portsmouth area.

Income and Expenditure Account

for the year ending 31st March 2019

(with 2018 shown for comparison)

	2019	2018
Total incoming resources	824,965	735,513
Total resources expended	831,857	754,073
Net gain/(loss) on investments	7,232	(4,828)
Net income/(expenditure)	340	(23,388)
Total funds brought forward	594,760	618,148
Total funds carried forward	595,100	594,760

Balance sheet as at 31st March 2019

Fixed assets

Tangible assets	148,848	150,798
Investments	164,076	174,891

Current assets

Debtors	75,525	89,950
Bank funds	249,821	249,336
Total current assets	638,270	664,975

Less current liabilities

Creditors	(43,170)	(70,215)
Total assets less liabilities	595,100	594,760

Notes to the accounts: The main reasons that there is a small surplus against a deficit last year was due to a £23,000 legacy/donation being received & Grant income increasing by £65,000. This being offset by the continued increase to our staffing costs.

Looking back over the past 7 years where our total expenditure has been over £4.8 million, there has been a net income over expenditure for this whole period of just £1399. This shows more than anything else, with our costs constantly monitored, that the income received is spent on services to the disabled people of the Portsmouth area and that the Charity is run in a financially prudent and well controlled manner.

Full details of our 2019 financial position together with a detailed report by Trustees can be found in our fully audited financial statement which is available to view on our website at <https://www.enableability.org.uk/about-us/business-reports>

These financial statements have been prepared in accordance with the Financial Reporting Standard by Charities (FRS 102) effective on the 1st January 2015.

Agreed by the Trustees on 12th September 2019 . Joe Harbour – Honorary Treasurer

The way ahead

In 2018 we established a strategic plan that described our aspirations and the operational platforms we needed to put in place to support our goals. Today much of that work is in place allowing us to move forward at a pace appropriate to the conditions around us.

Organisationally we have an experienced staff team to deliver services and have placed additional focus on social media, networking and partnerships. They are augmented by a growing team of trustees with relevant experience to help guide the teams. This was endorsed by a positive audit by 'Investors in People' that has boosted our ability to hire, particularly in our sessional services.

Our website is now well populated and fully integrated with other social media such as Facebook, LinkedIn and Instagram with growing connections in the local community and business. Additionally we have upgraded all our service publications. Through these we will continue to champion the issues of disability both locally and further afield and promote 'see the ability' in line with national campaigns on hidden disabilities. We have registered with the government's 'Disability Confident' programme at the 'Committed' level.

We are now seeing more of our fundraising being run by others rather than by self-managed events and we will continue to drive that approach. Through better networking we are already in discussions with various local businesses and as general awareness grows we expect this to accelerate in the coming years. Our hope has always been to partner on a long term basis with a large local company and that reality is within touching distance.

We have grown this past year with the absorption of the Portsmouth Autism Support Network services and more importantly in receiving grant funding from the National Lottery Community Fund to support our social enterprise, Inter Activ, for three years, after which it will be self-sufficient.

The social services arena is experiencing continued funding cutbacks from central and local government. At the same time we see increases in needs for our services across all age ranges.

We continue to work closely with the local authority to explore ways to meet the needs of children with disabilities. Our play-schemes are significantly over subscribed and are largely supporting children with the highest level of assessed need. To complement this, we will investigate other offerings to avail services to a wider population.

With our Landport partnership, we will reach in to the wider community to raise disability awareness and the charity's profile whilst at the same time supporting and enhancing a much needed community centre. We will seek to provide more of the charity's core services at Landport and at the same time promote inclusivity and tackle social isolation in other events being hosted there.

With the social enterprise, we are embarking on possibly the biggest development in the charity's history, enabling people to fulfil their capabilities, ambitions and aspirations. Our initial offerings include training and experience through café working, retro-gaming activities and PC repair skills at Landport Community Centre, with rural & conservation skills at the Weald and Downland museum. Over time and as resources allow, we will expand our offerings to more people and providing an even broader range of skills and experiences.

All that we do will be driven by our philosophy of seeing the ability in people and supporting them in their development. We will continue to provide and enhance our core services including pre school support, our play-schemes and projects, our 1:1 support, advocacy and measures to promote employability.

To underpin our Core Services, the Landport Community centre and the Social Enterprise, we will work to build more partnerships with education providers, with other charities and with local industry to seek both funding sources, client experiences and for some clients, potentially employment opportunities. In support of this we will continue to enhance the charity's profile through the use of social networking.

Throughout all our efforts in the year ahead, we will continue to promote ability in everything the charity does.





Special thanks to:

Action Stations
 Admiral Lord Nelson School
 Approved By You
 Asda
 Aspex Gallery
 The Baily Thomas Charitable Foundation
 Mrs Joy Baldwin & Mrs Irene Kingham
 BBC Children in Need
 Beechside
 Bisoces Law
 Broadlaw Community Centre, Fareham
 The Bivol Trust
 Charles Dickens Centre
 Charter Sports Academy
 Check Recruitment
 City Wide Taxis
 Connors Toy Libraries
 Decades Live
 Ems Valley Strummers
 Fareham College
 Freemasons
 Game Over
 Hants & IOW Community Foundation
 Hampshire County Council
 Hayling Golf Club
 GT Hewett
 Hollywood Bowl
 Graham Jones and KC
 KSM Telecom
 Landport Community Centre Association
 Langstone Junior School
 LinkedIn Local
 Morrisons
 The National Museum of the Royal Navy
 Stephen Morgan MP

Oyster Marketing and Design Limited
 Panero Lounge, Southsea
 Parkwood Leisure Ltd
 The Peter Ashley Activity Centre
 Pizza Express, Port Solent
 Portchester Community School
 Portsmouth City Council
 Portsmouth Disability Forum
 Portsmouth Grammar School
 Portsmouth & South East Hampshire
 Chamber of Commerce & Industry
 Peasinapod
 Portsmouth College
 Portsmouth Together
 Redwood Park School
 Christine Richards
 Rotary Club of Portsmouth & Southsea
 Vanessa and Harley Salter
 Semmens of Southsea
 St Cuthbert's and St Aidan's Churches
 Sobell Foundation
 South of England JuJitsu Kai
 Southern Co-Op
 Southern Solutions
 Southsea Castle Rotary Club
 Stansted House
 Starbucks
 Staunton Country Park
 Tesco
 The Big Lottery
 The Conservation Volunteers
 The Mary Rose Academy
 The Mary Rose Museum
 The New Theatre Royal
 The Weald & Downland Living Museum

University of Portsmouth
 Velopy Cycles, Southsea
 Victorious Festival
 Victory Indoor Bowls Club
 VW South Coast Transporters Club
 Waitrose Ltd
 Wickham Morris

Patrons

The Lord Mayor of Portsmouth
 The Bishop of Portsmouth
 Penny Mordaunt MP
 Fred Dinenage MBE
 Dr Caroline Williams
 Daniel Hodson

Trustees (2018 -19)

Mr K Bowen (dec'd Feb. 2019)
 Mrs A Bowie (from Aug. 2019)
 Mr S Elsom (Vice Chair)
 Mr P Fielon
 Mr J Harbour (Treasurer)
 Mr W John
 Mr J Muller (Chair)
 Mrs N Quinquenel
 Mr D Ramsay (Vice Chair)

Company Secretary

Richard Soutar

As a charity Enable Ability's activities are dependent upon funding from trusts, donors, grants and fees; we are always appreciative of all donations and any fundraising carried out on our behalf.

Get in touch

311-313 Copnor Road
 Portsmouth
 Hampshire
 PO3 5EG



023 9267 1846



enquiries@enableability.org.uk



www.enableability.org.uk



@enableability



working with disabled people

Charity Registration: 276422
 Company No: 1405937



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