

# enable|Portsmouth ability|Teenage Project

## JANUARY 2022 EVENTS SCHEDULE



# **...THIS MONTH...**

**Friday 7<sup>th</sup> January: GEEK RETREAT**

**Friday 14<sup>th</sup> January: LUSH WORKSHOP**

**Saturday 22<sup>nd</sup> January: LASER QUEST & DOCKYARD VISIT**

**Sunday 30th January: GAMES FEST**

# WHO WE ARE:

Portsmouth Teenage Project is run by Enable Ability and is for young people aged 13-17 years old living in Portsmouth with a physical and/or mild-moderate learning disability, or additional special need.

The Project aims to provide young people with the opportunity to engage in a variety of planned recreational, social and sporting activities as part of a group setting.

This enables young people to interact and socialise with other peers on a regular basis. Activities are designed to improve pivotal life skills for all young people; including building their confidence & self-esteem, independence, communications and multitasking skills, to name a few.

Portsmouth Teenage Project staff are trained and qualified to support young people and accommodate their needs during each activity, regardless of their level of ability, physical or otherwise.

Activities for the Project include social clubs, going out for meals, going to the cinema, ten pin bowling, art and crafts activities, baking/cooking, sports and general socialising. We also arrange a variety of day trips outside of the local area for any museums, theatres or theme parks.

Once a referral to the Project has been made – this can be by a parent, the young person themselves or a professional – we arrange a home visit to meet the family and have a chat about the Project and what we can offer.

A mini bus service is also provided to accommodate for long distance trips.

Most activities for the Project take place on a Friday evening.

There is no obligation to attend all activities; parents and carers are free to register their son/daughter for as many activities as they please.

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**Website:** [www.enableability.org.uk](http://www.enableability.org.uk)

**Twitter:** @[portsmouthtp](https://twitter.com/portsmouthtp)

**Instagram:** [www.instagram.com/portsmouthteenageproject](https://www.instagram.com/portsmouthteenageproject)

# GEEK RETREAT - WITH MEAL

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**GEEK RETREAT** is a “Geek Culture” retailer gaming cafe and events hub rolled into one.

Their nationwide, vibrant stores offer something for geeks and non-geeks alike. It is a safe, inclusive and welcoming social environment for everyone!

The best part is sessions are free!

We will be including time for a burger meal or ice cream sundae, which you can purchase yourself during the activity. We will upload the full menu to wordpress for those that book on.



# LUSH WORKSHOP

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We are very excited to bring you the first ever LUSH workshop.

This one and a half hour session in the beautiful LUSH shop, will be an energetic and vibrant atmosphere, full of fun and interactive games. Obviously it will smell great too!

The workshop includes product making, a sustainability talk and an exclusive bath product for each person.



# LASER QUEST & DOCKYARD VISIT

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Take on the UK's number 1 laser tag brand inside Action Stations as you battle it out for ultimate supremacy in this exhilarating and interactive experience. Built over 2 floors, you'll be thrown into a hijacked shipping container as you fight it out in a pirate stronghold. Laser Quest offers a challenge for even the most seasoned players, as you come face-to-face with dynamic lighting effects, billowing smoke and heart pounding music - making this a laser tag game you'll never forget.

After the laser session we will be taking a trip around Portsmouth Historic Dockyard. This may be a visit to the Mary Rose, King Henry VIII's favourite ship, HMS Victory and see Nelson's legendary warship or the worldwide famous Warrior Ship.



# GAMES FEST

Featuring the best in modern, board and retro gaming across 3 sessions and 2 floors of the iconic venue, the 2022 event will also feature gaming merch, tournaments and an all-new Indie Gaming Zone!

Dice Portsmouth will once again be leading the Board Gaming Zone with a board game library of over 100 popular games for you to play with

The Retro Gaming Zone, led by Game Over, offers a brand-new set up for 2022 featuring every console imaginable from Vectrex, to the Game Cube, Playstation 1 and Xbox with games such as Pong, Pac Man, Mario and Minecraft to enjoy with gaming tournaments projected onto a giant screen.

Gamers can also experience the latest in innovation in the University of Portsmouth's Innovation Zone with VR, simulators and an assortment of game demos created by students and staff of the Faculty of Creative and Cultural Industries.

In celebration of the thriving independent developer community, Guildhall Games Fest is launching an Indie Gaming Zone for 2022 which gives players the opportunity to test out a whole new range of games before they hit the market!



# Upcoming Events

**ALL ACTIVITIES BELOW ARE PROVISIONAL**

**Friday 4th February**

Magic Eye Workshop



**Friday 11th February**

Brazilian Chocolate Making

**Friday 18th February**

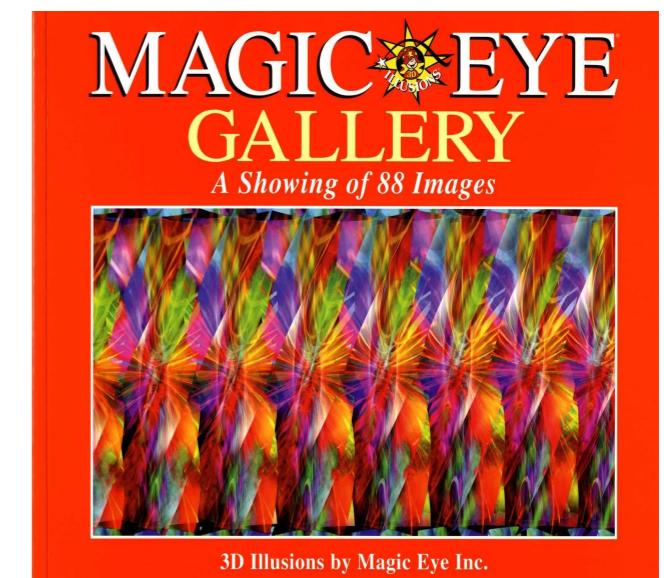
Injoy Southampton

**21st-25th February Half Term**

Portsmouth Teenage Scheme



We are always looking for new activities that our young people will enjoy. If you have any suggestions, we would love to hear from you!



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