

Who Are We?

Operating as a charity in Portsmouth and South East Hampshire. Enable Ability's long-standing reputation for supporting disabled people spans over 70 years.

Whilst offering a range of services. Our Inter Activ Social Enterprise is based at Landport Community Centre in central Portsmouth and aims to support adults with mild to moderate learning difficulties and disabilities to gain the necessary skills to help them into meaningful employment.

Our skills-based pathway promotes well-being and independence, whilst working towards a fulfilling and inclusive lifestyle.

What do our participants say?

“ I have learnt a lot of new skills in the marketing group. I enjoy it as it is very varied and I have learnt how to make flyers and how to market items online. The people are friendly and I get the support I need to develop my skills. ” - Andrew

“ Everyone is friendly and I enjoy learning new things everyday. I am supported and encouraged and this has improved my confidence. I am currently working in the arts, crafts and gardening work stream, and this has made me more inclusive within the community. ” - Stacey

Charity Registration: 276422
Company No: 1405937

For more information

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@InterActivsocial



working with disabled people



A Social Enterprise aligned with our Employ Ability Into-Work skills and support.

Visit us online

www.enableability.org.uk

Our partnerships and affiliations:





Our Mission

To provide both practical and technical support within our work streams to enable you to learn new skills, build confidence, improve self-esteem and develop personal capabilities. Working alongside trained Personal Skills Coaches and as part of a team, you will be encouraged to share your thoughts and ideas whilst working in a structured yet relaxed environment. Our aim is to provide support and guidance throughout your journey with us, so that you will feel empowered whilst working towards your ambitions and aspirations. You will have the opportunity to work closely with our "Into Work" support coaches, gain accredited qualifications and update your employability skills for gaining meaningful employment in the future.

If you feel that you need to gain work experience to achieve your career goals or to improve your employability, Inter Activ can provide you with the work experience you need. You can work as a team member within one or more of our 5 work streams. Working towards competency based outcomes, you will receive valuable work experience that will enhance your CV and impress prospective employers. Many of our participants choose the work stream that is of most interest to them and that will be beneficial to them in the future, others work across some or all of the work streams to demonstrate their ability to be flexible and multi skilled. If you are unsure about which work stream you would like to do then why not try them all and see where you shine the most.

Referral Options:

Inter Activ is FREE for all eligible participants, and to benefit from our the programme you can:

- Refer yourself
- Refer a student
- Refer a client
- Refer a friend or family member

Participants should:

- have a mild to moderate learning/physical disability
- be over the age of 17
- not be currently working, in training or in education

Our commitment ...

- Gain valuable work experience within the work streams of your choice and personal interest.
- Follow recorded outcomes to demonstrate your progression towards competency.
- Receive ongoing reviews of your progress and a personal plan to ensure you remain on track.
- Work in a fun, safe environment where you can feel comfortable working with like-minded people.
 - Gain accredited qualifications.
 - The opportunity to up-skill or gain maths and English functional skills.
- Work with the "Into work" support coaches with interview skills, assisting you with job searches, job applications and updating your CV, followed by support for you for up to 12 weeks from when you start your new role.
- Provide Advocacy should you require it. We are offering a free advice and support service aimed at those who have problems dealing with departments, forms and other paperwork.

Our workstreams ...

Café Management

Gain work experience in a 5 star Food Hygiene rated modern kitchen/café. Complete a level one or two Food Hygiene accredited qualification.

Skills: Food preparation, teamwork, time management, work under pressure, multitasking, patience, attention to detail, Communication, flexibility, ability to think on your feet. Numeracy, literacy, Customer service.

Computer Repair Shop

Gain the knowledge and understanding of repairing and maintaining electronic equipment. This includes taking them apart and rebuilding them ready for sale.

Skills: technical, customer service, problem solving and decision making, inspecting equipment, documenting and recording information, sharing information, advice and working as part of a team, recycling unwanted equipment, working for charitable purposes.

Website Management and Marketing

Working with the Repair Shop you will manage the sale of equipment via social media and our Inter Activ website.

Skills: Image creation/editing, document uploading, content management, marketing and pricing, project management, internet sales through social media, stock audits and updating the system, customer service including: customer complaints, face to face sales and online sales, preparing and organising Computer fairs, quality control and team work.

"What's It Like"

Gain knowledge, experience of how to film, edit and produce videos that can be downloaded as apps on mobile phones to enable people with learning difficulties and disabilities to see a location before visiting.

Skills: Filming at various places and locations, working inside and outside, team work, use of a camera, using computer programs to build a virtual tour, plan routes, editing, customer service, meeting deadlines, flexibility, determination, quality control, meeting specifications.

Arts, Crafts and Gardening

Learn a variety of crafting skills and creative artwork. Work with other organisations to develop gardening skills, protect wildlife and support local green spaces.

Skills: Arts and crafts: drawing, painting, decoupage, foil crafting, recycling, upcycling, working as part of a team, producing saleable goods, learning new skills, planning and preparing for craft fairs.