

Who Are We?

Operating as a charity in Portsmouth and South East Hampshire, Enable Ability's long-standing reputation for supporting disabled people spans over 70 years. Whilst offering a range of services, our exciting new "Employ Ability" programme aims to support adults with mild to moderate learning or physical disabilities to secure employment, work experience, supported volunteering, and training opportunities. Along with increased confidence, independence and social skills. "Having a sense of purpose", "being able to give back to the community", and "having the ability to earn my own money", are just some of the reasons given that were considered hugely important and beneficial to participants who've enrolled on our programme so far.

What do our participants say?

“I'm so happy that I have had the opportunity to gain new social and employability skills, Inter Activ has given me more confidence in a working environment which will lead to other opportunities”. - Sarah

“It's great to be given the opportunity to work with disabled children in the same projects I joined as a child. I am a good role model for them as the children see that adults with disabilities like me, can have the same opportunities as everyone else - Glenn

For more information

Enable Ability, 311-313, Copnor Road
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Landport Community Centre, Charles Street
Portsmouth, Hampshire, PO1 1JD

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Email iwsc1@enableability.org.uk

Visit www.interactiv.org.uk/iws

You can also find us on social media:

 @InterActivsocial



working with disabled people

'Employ Ability'

Into-Work skills and support.

Visit us online

www.enableability.org.uk

Our partnerships and affiliations:



Charity Registration: 276422
Company No: 1405937





Our Mission

...is to help you realise your goals by supporting you to overcome barriers to your progression by developing your skills and confidence. In partnership with a number of organisations such as City of Portsmouth College, Itchen College, JobCentre Plus, Portsmouth City Council, Department for Work & Pensions (DWP), and Safe New Futures, our experienced team of 'BASE' (British Association of Supported Employment), trained skills coaches will support you from the beginning of your work-experience journey, through to securing your first role.

You may have already gained the necessary skills but require some help with finding the right role for you. We can support you with completing application forms, preparing for interviews, and writing those all important cover letters. Our workshops can help you fast-track into whichever area of progression you are looking for. Whether you're interested in applying for a particular job, training programme, or further education. Our weekly 'Employ Ability' workshops are carried out in conjunction with (and accredited by) Itchen College. In addition our highly experienced 'Into Work' support coaches will assist you every step of the way of your training, and for up to 12 weeks following a successful placement. We ensure that your time with us is spent not only gaining valuable work-experience, but also the all important transferable skills required for successful employment/opportunities.

Referral Options:

To benefit from our 'Employ Ability' programme, you can:

- Refer yourself
- Refer a student
- Refer a client
- Refer a friend or family member

Participants should:

- have a mild to moderate learning/physical disability
- be over the age of 17
- not be currently working, in training or in education

Our commitment ...

- Work closely with you to search for employment, training, or further education opportunities that align with your areas of interest.
- Introduce you to new opportunities that you may not have considered before.
- Connect you with local employers who may be interested in employing people with a disability, working closely with them to advise and support any adjustments that may be required.
 - Work closely with you to create a CV, develop interview skills, and assist with application processes.
 - Provide support to you for up to 12 weeks from when you first start your new role.
- Provide advocacy should you require it.

We can help you with ...

- Interview skills/techniques
- CV writing
- Written/oral communication skills
- Maths & English functional skills
- Managing Anxiety
- Confidence building
- Mindfulness
- Problem solving skills
- Budgeting
- UCAS / Graduate / Post Grad applications
- Employment / volunteering applications
- Food Hygiene courses
- Basic 1st Aid Training
- Uniformed Service Applications
- Apprenticeship opportunities
- Kick-Start positions
- IT skills
- Working in hospitality

Sector Based Work Academy Placements

Facilitated through ourselves, local employers and Itchen college, SWAPs provide accreditation through nationally recognised awarding bodies. SWAPs help prepare our participants to apply for jobs in different workplaces. This offers you a great opportunity to cement your knowledge and understanding of required roles within a realistic working environment. Following successful completion of a work experience placement, you will be guaranteed an interview within the chosen workplace, providing valuable interview experience.

Location:

Our workshops and training are currently based at two sites, Landport Community Centre and Enable Ability's head office in Copnor Road, Portsmouth. With easy access from all main bus and train routes, free onsite parking at Landport and street parking in Copnor.

