

## Become a volunteer

**Make a difference in your community and to children with a disability or SEN by donating a few hours of your time. We are always looking for reliable and enthusiastic people who are aged 21 plus to join our team.**

Our volunteers support and encourage our children by taking a full and active part in the activities. This could be by helping a young person to play a sport, assist with cooking or an art and craft activity or by accompanying them on a trip. The main aim is to be a friend for the day and to make sure our children are happy and safe. At the same time you get to have some fun and find how rewarding this can be.



### We can also offer you:

- Work experience
- References
- Free training
- Job satisfaction
- Opportunities to make new friends

In addition to the above we will pay for you to take part in activities and cover your out of pocket expenses, including travel. All we ask for is your time.

## For more information

If you would like to know more about joining the Enable Ability Hampshire Junior Club please get in touch. We look forward to hearing from you!

**Hampshire Junior Club  
Enable Ability  
311-313, Copnor Road  
Portsmouth  
Hampshire, PO3 5EG**

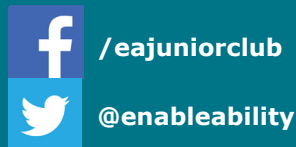
### Hampshire Junior Club Project Leader:

Office **023 9267 1874**  
Mobile **079 3982 9021**

Email **hampshirejuniorclub@enableability.org.uk**

Visit **www.enableability.org.uk**

You can also find us on social media:



Enable Ability always appreciates fundraising carried out on our behalf and any donations made.

<https://wonderful.org/charities/276422>

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**enable** | **Hampshire**  
**ability** | **Junior Club**

The Hampshire Junior Club is a social and leisure group for 5 to 12 year olds with mild to moderate physical disabilities or learning difficulties in South East Hampshire.



Visit us online  
[www.enableability.org.uk](http://www.enableability.org.uk)





## What do we do at Hampshire Junior Club?

The club meets once a week to access activities in the community and social clubs as well as structured sessions in outdoor pursuits, cookery, sports and the arts.

## Attending our sessions

We support children aged 5 to 12 years of age, with physical and/or mild-moderate learning difficulties or special education needs (SEN) in the South-East Hampshire region; including Emsworth, Havant, Hayling Island, Waterlooville, Fareham, Gosport and surrounding districts. Each member is supported in their own way, dependent on their specific disability and needs, to fully access and benefit from the session. A home-visit will need to take place to assess suitability and write a care plan.



## About our staff

All our staff are enthusiastic, friendly, and trained to support young people, and all will have an enhanced Disclosure and Barring Service check. This means that families and carers can be confident in leaving their children with us whilst they can benefit from some much-needed respite.

## Activities

Our activities are wide and varied at different locations and include social club, swimming, Playzone, cinema, cookery, art workshops, archery, chocolate making, horse riding, picnics, kayaking, rock climbing, sailing, lazer-quest, and theatre trips.

We also run day trips further afield to places such as Chessington Zoo, Winchester Science Museum and Birdworld.

## When and where

Activities take place throughout the year on a weekly basis, usually on Sundays, in the Portsmouth, Havant, and Fareham area.

There is no obligation to attend all activities; parents and carers are free to register their young person for as many sessions as they please. Times vary dependent on the activity.

A minibus service supports the longer distance trips for which there may be a small charge.



[www.enableability.org.uk](http://www.enableability.org.uk)

## What our service users say about us:

“I’ve literally never seen him so happy and his talking was incredible.”

“My son loves this club. It’s a great way for kids to enjoy activities with other children their age and ability”

“A wonderful team who show challenge and support in equal measure”

“They are very nurturing and help my young person develop”

